



*James Jarret Brown*  
*VFW Post 8385*  
*Newsletter*  
*October 2020*



## Issue 3-20/21

CDR - Ben Atkinson  
 Aux President - Flo Elmgren

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## CDR Note

Greetings! Another month has come and gone. Things keep moving here at Post 8385. Wing night and the Auxiliary dinner continue to be going well, so thank you all for the support and thank all of you who have been helping. The VFW Riders Group is hosting their annual ride on Oct 3<sup>rd</sup>, please come out and support them.

The Patriots Pen and Voice of Democracy program inputs are right around the corner so keep pushing for those. Contact Linda Bryan at (912) 552-9315 or [grandmabryan14@gmail.com](mailto:grandmabryan14@gmail.com) or Dennis Gagliardi at [dlgagliardi@tds.net](mailto:dlgagliardi@tds.net) if you have any questions.

It is with deep regret I inform you that as of 15 Dec 2020, Ms Flo will no longer be doing Tuesday night dinners or Saturday Breakfasts. She has been doing these for a very long time and has put in so much time and effort. Please tell her thank you as much you can. With that being said, if someone would like to help with these events let us know so we can work on a schedule.

Thank you all and let's continue to have a great year.

## Aux President Note

By now most of you have heard I will be retiring from Tuesday night dinners and Saturday Breakfast effective Dec 15<sup>th</sup>. This was a tough decision for me to make however I decided that I have to take care of myself. Dealing with health issues, I believe slowing down will be a good thing. It's just not the cooking but also the planning, shopping, prepping, and cleaning up. If there is any one person, or several people, that would like to continue please let myself or the Commander know. I have truly enjoyed feeding ya'll these past years. On that note, our fabulous cake queen, Sharon Reeves, has resigned from baking cakes for the dinners. It was truly a big relief for me when she started baking the cakes two years ago so I did not have to. If you are willing and able to make deserts for the dinners, please let me know. It would be greatly appreciated.

Due to health reasons, our Jr Vice President, Deb Menard, has resigned. We will have nominations, elections, and installation at our Oct. meeting.

Looking ahead our District meeting is Nov 21<sup>st</sup> in Hinesville. Our District President is planning on having a School of Instruction after the meeting. I will be in Seattle but our Sr. Vice President, Rhonda Atkinson, will take notes for us. Also, Dec 12<sup>th</sup> is the Childrens Breakfast with Santa & Mrs Clause. More information will be provided in the November newsletter

I want to put out that from Sept 24<sup>th</sup> – Oct 11<sup>th</sup> I will be away. If you need assistance, please contact my Sr Vice President, Rhonda Atkinson. She will know how to get a hold of me.

The National Auxiliary will be in Augusta from 27-29 October 20. And in support of our Riders Circle the Swamp ride, Lisa and Rhonda will be making their world famous breakfast sandwiches served w/ hashbrowns.

Thank you all for everything you do.

## **Adjutants Two Cents**

Hello. It's your friend neighborhood Adjutant, Shawn Necaie. First off, thank all of you who help out with our various dinners. We say "Thank You" a lot and rightly so. It takes a small army to put these on and would no doubt be that much harder without the help we receive. So THANK YOU!!

If any of you have suggestions or recommendations for the newsletter, please do not hesitate to contact the Post. We want the newsletter for the upcoming month to be out at the end of the expiring month, so please provide inputs NLT than the 29<sup>th</sup> so we can get everything in. The announcement TV's at the Post are updated about every other week and contain a lot of good information such as our weekly menus or lunch specials which can also be found in the newsletter. Suggestions or recommendations for any announcements can be made at [vfw8385@gmail.com](mailto:vfw8385@gmail.com).

You are a part of the largest VFW Post in the State of Georgia. We are ramping up this year as we head into the winter months (which luckily is not long down this way) with District and State Meetings, Patriots Pen and Voice of Democracy deadlines, and our normal holiday season with Thanksgiving and Christmas. Keep an eye out for upcoming events through our web page, Facebook page, and newsletter. We want you to be as informed as possible.

Lastly, don't forget to appreciate and thank your Canteen Manager Deb Kennedy and your Canteen Tenders Joanna Palazzo, Lois DeLeo, Rhonda Atkinson, Brandey Zatek, Artie Steinig, Annie Hoskins, and Hope Gipp. Most people have no idea how hard they work for you and the Post and what it takes. Trust me, it's not as easy as it looks. Show em some love and say Thank you.

Til next time!

## **Service Officer**

I hope all is well with everyone and the difficulties of the times are getting easier. I wanted to put a Service Officer note in the newsletter as I thought it would prove to be another, more successful way of getting information out.

The VA has resumed In-Person C & P exams for disability claims. They are using 3<sup>rd</sup> party contractors to conduct these exams. The companies are LHI, QTC, and VES. If one of these organizations contact you, they are legitimate and you can communicate with them.

I want to stress the importance of documentation for a moment. It is CRITICALLY important that you document any and all conditions, no matter how trivial it may seem at the time. Many times, a veteran has gone in for their rating only to have it disapproved or nothing rated because they lacked the proper historical documentation.

My contact info is [PSO8385@outlook.com](mailto:PSO8385@outlook.com). Do not hesitate to contact me with any questions or concerns. Thank you all.

Rob Erhart

## Breast Cancer Awareness Month



October is Breast Cancer Awareness Month. It was started in 1985 by the American Cancer Society, along with various companies, and its sole purpose is to promote awareness for this deadly disease.

Breast cancer death rates have declined 40% from 1989 to 2016 among women. This progress is attributed to improvements in early detection. However, over 40,000 women will still die due to breast cancer.

According to the Komen blog, nearly 279,000 women and men will be diagnosed with breast cancer and 42,000 are expected to die from this cancer in the U.S. alone. Since Susan G. Komens inception in 1982, over 1 Billion has been raised in the fight against breast cancer.

According to the World Health Organization (WHO), there are appx 1.38 million new cases annually and over 458,000 deaths worldwide.

There are several ways to observe this month. Wear Pink, share a story, donate, or help to raise money. Breast cancer doesn't discriminate. This disease baffles scientists because the left breast develops cancer more often than the right breast. This not only applies to women, but men are also susceptible to breast cancer.

This month is specifically designed to promote self-care, focus on treatment, and raise funds for research.



# Auxiliary Tuesday Night Dinners



There is a sign-up sheet in the Post. Signing up ahead of time lets us figure out how much to buy. If you signed up and won't make it, please let us know so that we can sell to someone waiting.

Oct 6<sup>th</sup>

Baked Ziti by Ed & Lois DeLeo

Oct 13<sup>th</sup>

Meatball Sub w/ French Fries, Baked Beans, & Desert

Oct 20<sup>th</sup>

Chicken Breast or Leg, Mashed Potatoes & Gravy, Veggie Blend, Roll, & Desert

Oct 27<sup>th</sup>

Hamburger/Cheeseburgers w/ French Fries, Green Beans, & Desert by Dawn & Will Calderwood

**\*\*All menus and dates are subject to change\*\***

# Kat's Café

Kat Carnes is working hard making up delicious lunch menus for the Post. The Café serves lunch Mon – Fri w/ a lunch special every Wednesday.

Lumpia	\$ 4.00
Corn Dog	\$ 2.00
Jalapeno Poppers	\$ 3.50
Fries                      Small or Large	\$ 1.50 or \$ 2.50
Onion Rings	\$ 3.50
Mozzarella Sticks	\$ 4.00
Burgers & Sandwiches	
Hamburger w/ chips	\$ 5.00
Cheeseburger w/ chips	\$ 5.50
Grilled Cheese w/ chips	\$ 3.00
Beef Hot Dog	\$ 2.00 or 2 for \$ 3.50
Homemade Chicken Salad w/ chips	\$ 5.00
Chicken Tender Plate w/ fries	\$ 5.00

## Wednesday Lunch Specials

Oct 7<sup>th</sup>

Homemade Hot Italian Beef Sub w/ melted mozzarella fries, and pepperoncini's

Oct 14<sup>th</sup>

Homemade Chili w/ Cornbread

Oct 21<sup>st</sup>

Open face Roast Beef Sandwich w/ mashed Potatoes & Gravy

Oct 28<sup>th</sup>

Loaded Baked Potato Soup w/ Grilled Cheese

**\*\*All menus and dates are subject to change\*\***

## October Important Dates

### **Breast Cancer Awareness Month**

- 12<sup>th</sup> – Columbus Day
- 13<sup>th</sup> – US Navy Birthday
- 26<sup>th</sup> – Day of the Deployed
- 27<sup>th</sup> – Navy Day
- 31<sup>st</sup> – Halloween

### Post Dates

- 3<sup>rd</sup> – Circle the Swamp Ride
- 10<sup>th</sup> – Steak Night w/ Cumberland Sound
- 14<sup>th</sup> – House Committee Meeting
- 15<sup>th</sup> – Post/Auxiliary Meeting
- 17<sup>th</sup> – Riders Group Meeting

# VFW Riders Group

Our Circle the Swamp Ride is coming up on October 3<sup>rd</sup>. This ride is dedicated to our fallen Riders: Dan Menard, Al Coker, Ron Keller, Ruben Martinez, Steve Wright, and Frank Thornal. The Auxiliary breakfast begins at 9 am with the ride beginning at 10 am. The riders have been busy collecting donations and sponsors to raise money for our selected National, State, and local charities. There will be door prizes, raffles, food, and entertainment by the Blacksheep Blues Band.

We are also raffling off a homemade AR-15. Tickets are \$ 20 each and can be purchased from any RG Officer/Member. You MUST be present to win. The raffle for the AR will take place NLT 1600 on 03 October.

The Riders would certainly appreciate your participation to make this a successful event. If the weather does not cooperate for the ride the remaining scheduled afternoon festivities will happen as scheduled.



POST 8385 VFW RIDERS GROUP



## 6th Annual Circle The Swamp

In Memory of the Fallen...

Dan Menard Al Coker Ron Keller

Ruben Martinez Steve Wright Frank Thornal

**Saturday - October 3rd**

Rider - \$20 / Pass - \$5

First 50 Riders registered - receive a CTS T-Shirt

Dice Roll—Highest/Lowest totals Winner

50 /50 and other prize raffles

Stop TBD but includes 170 miles of Freedom!

**Entertainment - Black Sheep Blues Band**

**Auxiliary Breakfast @ 9:00**

**Registration from 9:00 to 10:00**

**KSU @ 10:00**

# Scouts Corner



## Boy Scouts

The Troop has been meeting virtually bi-weekly, on line since March. They expect to be back to in-place with meetings in October. The dates will show regular troop meetings from 3 pm to 5:30 pm on Sundays.

The Scouts are in the middle of their annual popcorn fundraiser and will be at the Post through October. If you're in the mood for popcorn, you can grab some at any one of our Wing Nights, Steak Night, or Tuesday Night dinners.

## Cub Scouts

The Post voted on Thursday, Sep 17th, to host a local Cub Scout Pack. Pack 8385 will now be part of your VFW. We are excited to host the youth that will eventually make it up through the ranks to Boy Scouts. This new Pack will start off with over 20 Cub Scouts with hopes of increasing that number after the fall recruiting drive.

The Scouts are involved in several community functions including sponsoring a road in Kingsland, singing Christmas carols at Senior care centers, collecting food for Ravens in Elijah and participating in hurricane/storm clean-up and other Clean Up Camden initiatives. We also participate in the July 4th parades as well as the VFW Veterans Day parade. We have STEM awards for Nova/SuperNova as well as religious classes so Scouts can earn their Religious Emblems.

Meeting times have not been officially nailed down yet but we are working to get all our Dens to meeting on Sundays between 1 and 3 pm. We are excited and super anxious to be a Part of Post 8385.

### Scout Oath

“On my honor I will do my best to do my duty to God and my county and to obey the Scout Law; to help other people at all times; to keep myself physically strong, mentally awake, and morally straight.”



# October 2020

Sun	Mon	Tue	Wed	Thur	Fri	Sat
				1	2	3 Aux Breakfast 09-1100  Circle the Swamp Ride KSU 1000
4	5 Wing Night	6	7	8	9	10
11 Nachos by Ed/Lois	12 <i>Columbus Day</i>  Wing Night Cancelled	13 <i>U.S. Navy Birthday</i>	14 House Cmt Mtg 1800	15 Post/Aux Mtg 1800	16	17 Aux Breakfast 09-1100  Riders Group Mtg 1000
18 Nachos by Ed/Lois	19 Wing Night	20 Aux Dinner	21	22	23	24
25	26 Wing Night	27 Aux Dinner	28	29	30	31 

# Happy 245<sup>th</sup> Birthday U.S. Navy



Congress passed the Naval Act of  
27 Mar 1794

The US Navy was created on 13  
October 1775



The Department of the Navy was  
established on 30 April 1798.



The Navy launched its first Nuclear Submarine on Sept 30<sup>th</sup>,  
1954

